

## Gear List

This list is not exhaustive, but closely represents what I bring on a typical backpacking trip. Because the weather can vary so much, I often find myself bringing along the items meant for colder weather even when it is supposed to be warm... just in case they are wrong, and often the nights are a lot cooler than you think. If you need any gear, let us know and we can probably find some you can borrow!

2 complete sets of clothing, wear one set:

Socks

Convertible pants

Tee shirts

Light sweater

Underwear

Hiking boots

Rain jacket

Rain pants

Heavy sweater/light down jacket

Light gloves

Long johns

toque

Toothbrush/toothpaste

Deodorant

Packable Towel

Sunglasses

Sunscreen

Bug spray

Toilet paper

Hand sanitizer

Spare large zip-loc bags

Wide brimmed hat

Multi-tool

Cup

Plate/bowl

Fork & Knife/Spork

Lighter

Biodegradable soap

Water Filter/Water Tablets

Water Bottle/Hydration Pack

Sleeping Bag

Sleeping Mat

60L backpack or bigger, with hip straps

Rain cover for backpack

Hiking Poles

Personal First Aid Kit (blister tape, band-aids, etc)

----- Group Gear -----

These items are trip dependant – See email or ask trip leader for more info.

Tent

Stove

Fuel

Pot set

Cooking utensils